

Sunday 20 June	Centre	Link
9.30am-12.00pm AEST (UTC +10) 5-7.30am IST (UTC +5.30) 0.30-3.30am BST (UTC +1) 1.30-4.30am CEST (UTC +2) 9.00-11.30 pm (19 Jun) EDT (UTC -4)	Australia YIDL centres 'Boosting your Immunity' <i>workshop</i>	https://us02web.zoom.us/j/82298448782?pwd=cU4T2RhQTU5TtOMk1QdGtwZkQydz09 Meeting ID: 822 9844 8782 Passcode: 667642
3.30-4.30pm AEST (UTC +10) 11am-12pm IST (UTC +5.30) 7.30-8.30am CEST (UTC +2) 6.30-7.30am BST (UTC +1) 1.30-2.30am EDT (UTC -4)	Szeged, Hungary <i>Yoga class</i> : Sarva Hitta Asanas	meet.google.com/ghn-nqdy-moc
6.00-7.00 pm AEST (UTC +10) 1.30-2.30pm IST (UTC +5.30) 10.00-11.00 am CEST (UTC +2) 9.00 -10.00 am BST (UTC +1) 4.00-5.00 am NY EDT (UTC -4)	<i>Webcast with Vishwaguruji</i>	Swamiji.tv https://swamiji.tv/stream/eu/eu-Vienna or on YouTube https://www.youtube.com/watch?v=VisTY6XLee0
6.00-7.00 pm AEST (UTC +10) 1.30-2.30pm IST (UTC +5.30) 10.00-11.00 am CEST (UTC +2) 9.00 -10.00 am BST (UTC +1) 4.00-5.00 am NY EDT (UTC -4)	If there is no webcast with Vishwaguruji: <i>Yoga class</i> from Budapest, Hungary OR <i>Meditation</i> with Swami Madhuram Puri, New Zealand	Yoga: us05web.zoom.us/j/9056807223... Meditation: https://us02web.zoom.us/j/347747317?pwd=WXhiVzdoTTI2TFoyTnhONGp0ckxxQT09
9.30-10.30pm AEST (UTC +10) 5.00 – 6.00 IST (UTC +5.30) 1.30-2.30 pm CEST (UTC +2) 12.30-1.30 pm BST (UTC +1) 7.30-8.30 am EDT (UTC -4)	London, UK Sarva Hitta Asana <i>Yoga class</i>	https://us02web.zoom.us/j/89926618294?pwd=REYzTGh2dVpLVjdDTnNaSFV5azhGUT09 Meeting ID: 899 2661 8294 Passcode: 658863
12.00-1.00am AEST (UTC +10) 7.30-8.30pm IST (UTC +5.30) 4.00-5.00 pm CEST (UTC +2) 3.00-4.00 pm BST (UTC +1) 10.00-11.00am EDT (UTC -4)	Szeged, Hungary <i>Yoga class</i> for Spinal Column	meet.google.com/ghn-nqdy-moc
2.30 am-04.00am AEST (UTC +10) 10.00 -11.30pm IST (UTC +5.30) 6.30-8.00 pm CEST (UTC +2) 5.30-7.00 pm BST (UTC +1) 12.30am- 2.00 pm EDT (UTC -4)	webcast with Vishwaguruji	Swamiji.tv https://swamiji.tv/stream/eu/eu-Vienna or on YouTube https://www.youtube.com/watch?v=VisTY6XLee0
2.00-5.00am (21 Jun) AEST (UTC +10) 9.30pm-00.30am (20/21 Jun) IST (UTC +5.30) 6.00-9.00 pm CEST (UTC +2) 5.00-8.00 pm BST (UTC +1) 12.00-3.00 pm EDT (UTC -4)	USA and Canada YIDL centres	https://us02web.zoom.us/j/87485947025?pwd=MHpWazRjYU15LzFyQUV2aU9GZmFKZz09 Meeting ID: 874 8594 7025 Passcode: 730603

Monday 21 June	Centre	Link
10.30-11.30 am AEST (UTC +10) 6.00-7.00 am IST (UTC +5.30) 2.30-3.30am CEST (UTC +2) 1.30-2.30 am BST (UTC +1) 8.30-9.30pm (20 June) EDT (UTC -4)	Jaipur, India MM Swami Gyaneshwar Puri <i>Yoga class</i> with Children + talk	You tube live https://youtu.be/Dcbk2xoQSxk
11.30am-12.30 pm AEST (UTC +10) 8.00-9.00 am IST (UTC +5.30) 3.30-4.30am CEST (UTC +2) 2.30-3.30 am BST (UTC +1) 9.30-10.30pm (20 June) EDT (UTC -4)	Jadan, India Swami Avatar Puri	Swamiji.tv https://swamiji.tv/stream/eu/eu-Vienna or on YouTube https://www.youtube.com/watch?v=VisTY6XLee0